



Our Counseling Services Are

- Confidential
- Locally available
- Around your schedule
- Specific to your goals

You Are Not Alone

Hundreds of Connecticut military individuals and their families have accessed counseling services through our MSP. This program has been around since 2007.

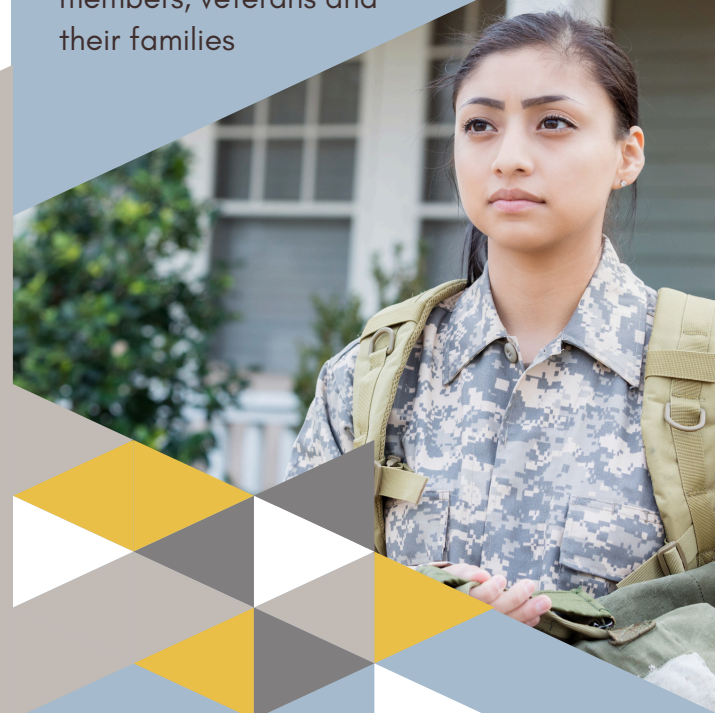
QUESTIONS? CALL TODAY

**Toll-Free Call Center
(866) 251-2913**

The call center will:

- Gather basic contact information
- Discuss the type of services you are requesting
- Connect you with an MSP Case Manager that understands your specific goals

MSP is for Connecticut active-duty servicemen and women, reservists, guard members, veterans and their families



MILITARY SUPPORT PROGRAM (MSP)

Request The Women & Family
MSP Case Manager today!

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FAMILY SERVICES

The MSP recognizes and strives to assist spouses and children of military members. Your sacrifices and barriers to your goals are unique, and MSP wants to make sure your whole family's mental health needs are met.



OUR VISION

The MSP Program was established for one purpose: to serve the behavioral health needs of military members and their families.



We connect you to services that directly meet your goals



We help problem solve the logistics and planning of services and support



We assist you in achieving goals that you made, in the order that you prioritized them



We follow up regularly and help you track and measure your own success



CONTACT US TODAY

MSP SERVICES ARE LOCALLY AVAILABLE
AND CONFIDENTIAL



(866) 251-2913



mssp@abhct.com



**Prioritize
your
well-being
today!**

THE MANY ROLES OF WOMEN IN THE MILITARY

*SERVICE MEMBER, MOTHER, WIFE,
SISTER, DAUGHTER, STUDENT,
LEADER, FAMILY PLANNER,
AND MANY MORE*

We aim to address the needs of every role you fulfill and how they all play a part in the well-being of you and your family.



The MSP is funded by the Connecticut Department of Mental Health and Addiction Services (DHMAS)



The MSP is operated by Advanced Behavioral Health (ABH)