

Advanced Behavioral Health
 Access to Recovery II Case Management Program
 Recipient Recovery Plan: Sample 1

Instructions: Circle those goals appropriate for recipient.

*Outcomes Key:

Goal Met, Goal Not Met, Goal Partially Met, Goal in Progress, Goal Revised

Recipient Name: _____

CATEGORY	GOALS	ACTIONS	OUTCOMES*	UPDATES	Date Completed
I. Engagement	A. Engage in Case Management services. B. Other	1. Maintain contact with CM/RS at least once weekly or according to individual needs. 2. Maintain phone contact with CM/RS for updates when face to face not scheduled. 3. Other			
II. Treatment linkages	A. Connect or re-connect to acute or non-acute behavioral health treatment services. B. Complete behavioral health treatment C. Other	1. Review with Recovery Specialist and current tx provider appropriate treatment placement. 2. Complete all necessary intake and/or screening procedures. 3. Other			
III. Housing	A. Connect to sober housing B. Maintain current housing C. Find housing -either temporary or permanent. D. Other	1. Explore desired housing locations. 2. Contact potential housing providers. 3. Complete sober housing intake procedures. 4. Make follow-up phone calls. 5. Other.			
IV. Recovery Supports	A. Obtain Recovery Supports	1. Apply for RSP or ATRII. 2. Apply for community resources 3. Other			
	B. Entitlements/Benefits	1. Apply or re-determine for SAGA. 2. Apply for other benefits/entitlements. 3. Other			
	C. Become involved in community or family/natural supports.	1. Connect to Self Help groups. 2. Connect to religious or spiritual organizations. 3. Connect to cultural organization. 4. Connect to community services. 5. Increase involvement with positive family/natural supports. 6. Obtain a sponsor through AA/NA. 7. Other			

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	D. Relapse Prevention	<ol style="list-style-type: none"> 1. Cope with Cravings/Urges. 2. Use of meditation/relaxation techniques. 3. Examine warning signs. 4. Understand relapse. 5. Identify high risk situations. 6. Other 			
	E. Obtain Personal Identification.	<ol style="list-style-type: none"> 1. Obtain a birth certificate. 2. Obtain a picture I.D. 3. Obtain a social security card. 4. Other 			
V. Vocational	A. Gain employment.	<ol style="list-style-type: none"> 1. Complete application for employment. 2. Obtain transportation to employment interview. 3. Improve interview skills. 4. Develop resume/references. 5. Other 			
	B. Obtain job training.	<ol style="list-style-type: none"> 1. Connect to vocational training service or program. 2. Other 			
VI. Educational	A. Begin/Continue education.	<ol style="list-style-type: none"> 1. Explore potential vocational/educational program. 2. Connect to GED program. 3. Complete GED program. 4. Connect to Educational program. 5. Begin voc/college classes. 6. Apply for Financial Aid. 7. Other 			
VII. Medical	A. Begin/continue medical treatment.	<ol style="list-style-type: none"> 1. Connect to medical/dental provider. 2. Comply with medical/dental treatment and/or recommendations. 3. Other 			
VIII. Transportation	A. Obtain Transportation.	<ol style="list-style-type: none"> 1. Obtain transportation. 2. Other 			
IX. Advocacy	A. Obtain assistance for advocacy.	<ol style="list-style-type: none"> 1. Contact Advocacy organizations such as Advocacy Unlimited, CCAR, AA/NA, Connecticut Legal Rights Project (CLRP), Connecticut Office of Protection and Advocacy. 2. Other 			

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X. Legal	A. Obtain/connect with legal support program or official.	1. Connect or reconnect with probation/parole officer. 2. Obtain/connect with legal counsel. 3. Connect with jail diversion program. 4. Other			
XI. Other	A. Other	1. Other			

 Recipient Signature

 Date

 Case Manager/ Staff Signature

 Date