



Recovery Assistant Continuing Education Requirements

Recovery Assistants (both Self Directed and agency employed) must complete six hours of training each year to maintain their status of certification that they received after completing the first two day training.

Training Opportunities

ABH® will be offering some training throughout the year. If your agency is able to have in attendance over 12 staff ABH can come to your agency to provide training. After training is complete a certificate of attendance will be given. This certificate should be kept in the agency HR file to verify the training requirement. Self Directed RA's will need to submit their certificate upon request or during an audit. Trainings outside of DMHAS and ABH can be used as long as the proof of attendance can be verified.

The following areas of knowledge will be accepted as relevant training:

- Health and Safety in the home environment
- Verbal De-escalation
- Trauma Informed Recovery
- Life Skills- Listening, Coaching, Assisting
- Recovery in Mental Health
- Mental Illness
- Boundaries and Ethics
- Interpersonal Communication
- Coping skills/problem solving
- Cognitive Functioning

Training Resources

- DMHAS Education and Training Catalog
<http://www.ct.gov/dmhas/cwp/view.asp?a=2900&q=334766>
- Agency Training
- Online Training
 - DMHAS
 - Other educational resources

Re-credentialing

Each year ABH will ask RA providers to submit a record of their credentialed RA's training logs. Audits could be conducted at random. An RA will not be re-credentialed to provide services if they do not have 6 hours of documented post certification training.

DMHAS Education and Training Catalog

<http://www.ct.gov/dmhas/cwp/view.asp?a=2900&q=334766>

The following topics from the DMHAS On-line training opportunities would be appropriate for Recovery Assistant Post Training:

Online Training Title	Credit Hours
Depression	1.5
Diabetes Mellitus Basics	2
Food Safety and Kitchen Hygiene Overview	1
Medications Used in the Treatment of Mental Health Disorders	2
Tools for Engaging Clients in Services	2
Understanding Bipolar Disorder	2
Working with People Diagnosed with Schizophrenia	2

Below is the My Profile Registration form link that must be completed by the RA supervisor:

<http://www.ct.gov/dmhas/lib/dmhas/educationtraining/myprofileform.doc>

This form is then faxed to:

LaReese Cooper, ABH 860-638-5302

DO NOT fax this form to DMHAS directly.

ABH will process the registration through DMHAS and verify the RA's information.