

# ATR II

State of Connecticut Department of Mental Health and Addiction Services (DMHAS)  
Thomas A. Kirk, Jr., Ph.D., Commissioner

## Access to Recovery II: Year One Summary Report



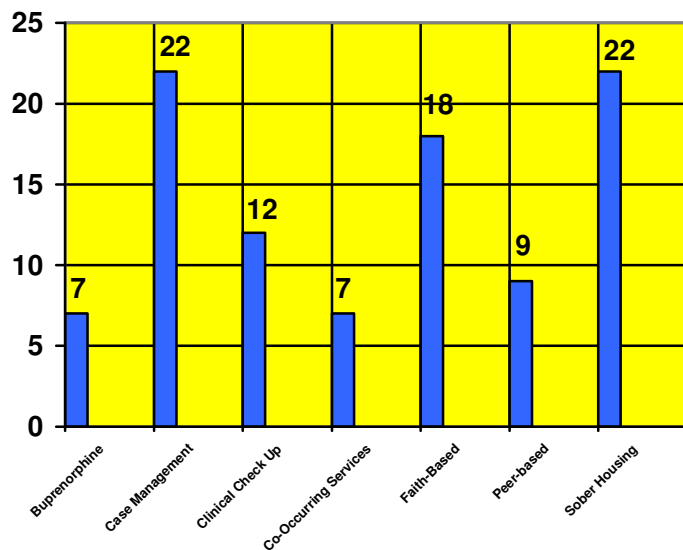
Access to Recovery (ATR) is funded by the Center for Substance Abuse Treatment (CSAT) of the Substance Abuse and Mental Health Services Administration (SAMHSA), within the U.S. Department of Health and Human Services (HHS). Connecticut ATR provides vouchers to adults with substance use disorders to help pay for a range of community-based clinical treatment and recovery support services. The goals of this program are to expand service capacity, support client choice, and increase the array of faith-based and community-based providers for clinical treatment and recovery support services. All services are designed to assist recipients remain engaged in their recovery while promoting independence, employment, self-sufficiency, and stability.

### DATA SNAPSHOTS

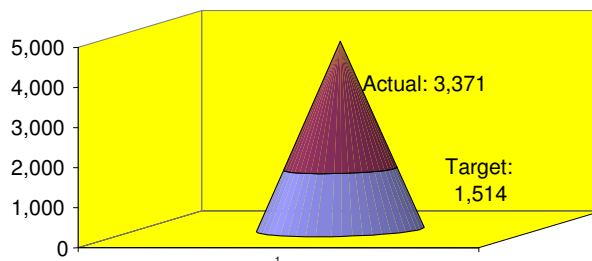
- The ATR II grant is funded for three years from September 2007-September 2010. Connecticut was awarded \$14.2 million dollars and hopes to serve over 8,100 individuals.
- Connecticut has certified 70 service providers, representing over 120 service sites statewide.

31 ATR II providers are faith-based agencies offering faith-based services, and other recovery support services including housing and case management.

### Providers By Service Type



### ATR Recipients Served Sept 2007-Sept 2008



- Connecticut served more than two times the total number of individuals expected.
- 80% of recipients were male. 20% were female.
- 22% of recipients classified themselves as Hispanic/Latino.
- 45% of recipients indicated that they were Black/African American and 30% indicated that they were White.
- The substance of choice most often reported by recipients was alcohol, followed by heroin.

### ATR Eligibility Requirements:

- Age 18+
- Substance use Disorder
- Involved with certain state and community partner agencies including DOC, CSSD, DCF

Over 65% of ATR II recipients are referred to ATR by the Department of Correction.

Many recipients benefited from the "basic needs" vouchers: such as bus passes, clothing, personal care items and food.

**CT ATR OUTCOMES**

**Why the GPR is important:** Congress passed the Government Performance and Results Act (GPR) in 1993. It gathers information to measure outcomes on treatment programs, helps develop a 3-5 year strategic plan, evaluates whether programs are working, and helps set future performance targets. GPR assessments must be completed when an ATR recipient first begins services, six months after the initial interview, and at discharge. CSAT requires that at least 80% of ATR service recipients have a follow up GPR assessment.

Connecticut's GPR follow up rate for year one was 104%.

**Year 1 ATR Outcomes**

(Percentage change between intake and 6 month post-intake)

- Abstinence increased by 15%
- 99% of recipients remained arrest free
- Stable housing increased more than 100%.
- Risky behavior decreased by 12%
- Employment increased by 93%
- 99% of recipients remained socially connected.

**ATR RECIPIENT SATISFACTION**

Recipient satisfaction surveys are completed at the same time as the follow-up GPR assessment with those recipients interviewed by DMHAS's administrative services organization, Advanced Behavioral Health. Recipients are often re-engaged into services at that time. Thus far, satisfaction surveys have been completed for approximately 500 recipients.

**Results of ATR Recipient Satisfaction Surveys**

	Satisfied	Dissatisfied	Neutral
Access to Services	80%	4%	16%
Outcome of Services	86%	7%	7%
Overall Satisfaction	83%	5%	11%

***What some recipients have to say about ATR:***

- "By instilling in me the sense of belief I needed for myself, and providing me with the tools necessary to learn a new trade, I truly have a better chance for a future."
- I am "very satisfied with the program, and the help offered."
- "I appreciate them for helping me."
- ATR is a "good program that helps ex-offenders get back on the right path."
- ATR was "really helpful to me, paid attention to everything."

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