



The Early Childhood Consultation Partnership (ECCP®) is an infant and early childhood mental health consultation program, designed to meet the social/emotional needs of children birth to five by offering support, education, and consultation to those who care for them. ECCP is an evidence based best practice model. Three Random Control Trials conducted by Yale have proven that ECCP is effective. ECCP services are provided at **no cost** to families or early care and education providers. Services are provided by Master’s level early childhood mental health consultants and are available throughout Connecticut.

**Services include:**

- Child Specific
- Core Classroom
- Consultation to Centers
- Center & Community Trainings
- Mental Health Consultation Groups
- Social Emotional Resources



Please visit our website to find social emotional resources and to find a consultant near you.

**ECCP Partner agencies:**

- The Village for Families & Children
- The Child & Family Guidance Center of Bridgeport
- Child Guidance Clinic for Central Connecticut
- Child Guidance Center of Mid-Fairfield County
- Community Health Resources
- McCall Center for Behavioral Health
- BHCare
- United Community and Family Services
- Wellmore Behavioral Health
- Wheeler Clinic



# THE EARLY CHILDHOOD CONSULTATION PARTNERSHIP

*ECCP is funded by Connecticut’s Department of Children and Families and the Office of Early Childhood and is designed and managed by Advanced Behavioral Health (ABH®) Inc., a nonprofit behavioral health management agency.*

The Early Childhood Consultation Partnership's (ECCP®) Consultation services are available on a continuum of care to include, center-wide services, classroom services, or individual child services. Families, providers, educators, or directors may request a service. The service level provided by ECCP® is based on the needs of the individual or program seeking services.

Services may last anywhere from 6 weeks (Child) to 14 weeks (Classroom). For each service, ECCP® seeks to build capacity through partnerships in order to meet the social emotional and/or behavioral needs of young children. Specific consultation topics may range anywhere from aggressive behavior in children, to the tone of a classroom and responsiveness of teaching staff, or to the supports a center director would like to provide their staff.

Infant & Early Childhood Mental Health refers to the healthy social and emotional development of young children. Services that address the mental health needs of young children exist along a continuum of increasing support and range from promotion, prevention, early intervention and treatment.

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*"The new resources our ECCP consultant provided have been helpful in reducing negative behaviors, while strengthening tools already being used."*  
~Parent, Child Specific Service

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### Core Classroom Services

ECCP®'s Core Classroom service is focused specifically on one teacher/classroom that may be in the need of classroom-wide social, emotional or behavioral supports or overall classroom enhancement. The service is geared toward the teacher(s) or childcare provider(s) and is intended to build their capacity in order to better meet the needs of their classroom as a whole. This is done through classroom-wide behavioral and social emotional strategies, environmental enhancement and relationship building.

#### Who Can Make a Referral?

Referrals for Core Classroom services are made by the center director, manager or teacher.

#### Reasons to Refer

Teachers interested in obtaining support for behavior management in the classroom, improving the social and emotional tone of the classroom, enhancing partnerships between and among teachers, parents and administrators, and obtaining hands on practical strategies to support the social and emotional needs of the children in their care.



### Child Services

ECCP®'s Child-Specific service is focused on one child, who may be having social, emotional, or behavioral difficulties. The service facilitates the partnership between the family and educators/caregivers and aims to build their capacity in order to better meet the needs of a particular child. This is done through individual strategies to be used with the child, environmental enhancement and relationship building.

#### Who Can Make a Referral?

Referrals can be made by a variety of people including parents, community providers, teachers, or directors who have related concerns about a child ages birth to five.

#### Reasons to Refer

A child who may be experiencing anxiety, behavioral challenges (e.g., biting, hitting, etc.), has difficulty with attention, poor social skills, or is at risk of suspension or expulsion from their childcare setting may be referred. A child may also be experiencing a stressful event such as the birth of a sibling, parental separation, loss of a family member, or a community stressor such as a storm, flood, etc.