

Interpersonal Communication Skills: (Utilizing Motivational Interviewing techniques: observe & listen to the client’s basic conversation skills for the following).

1. Initiates contact with individuals (ask the client to describe the type of contact they have with other individuals – friends, family, staff members, etc.) - Note whether or not you have to coach or cue the client.
 - Dependent (5) With Assistance (4) Step by Step Prompts/Coaching (3)
 - Independent (1) Able to perform new tasks with Prompts/Coaching (2)
 - Unable to assess (0) Refuses, Capable (0)

2. Initiates contact with groups (ask the client to describe the type of contact they have with groups – 12 step, therapy, church, etc.) - Note whether or not you have to coach or cue the client.
 - Dependent (5) With Assistance (4) Step by Step Prompts/Coaching (3)
 - Independent (1) Able to perform new tasks with Prompts/Coaching (2)
 - Unable to assess (0) Refuses, Capable (0)

3. Will make eye contact (observe the client’s basic conversation skills for this) - Note whether or not you have to coach or cue the client.
 - Dependent (5) With Assistance (4) Step by Step Prompts/Coaching (3)
 - Independent (1) Able to perform new tasks with Prompts/Coaching (2)
 - Unable to assess (0) Refuses, Capable (0)

4. Can identify and express needs (ask the client to identify and express some of their needs and observe the client’s basic conversation skills to try to determine level of ability) - Note whether or not you have to coach or cue the client.
 - Dependent (5) With Assistance (4) Step by Step Prompts/Coaching (3)
 - Independent (1) Able to perform new tasks with Prompts/Coaching (2)
 - Unable to assess (0) Refuses, Capable (0)

5. Can identify and articulate feelings (ask the client to identify and express some of their feelings and observe the client’s basic conversation skills to try to determine level of ability) - Note whether or not you have to coach or cue the client.
 - Dependent (5) With Assistance (4) Step by Step Prompts/Coaching (3)
 - Independent (1) Able to perform new tasks with Prompts/Coaching (2)
 - Unable to assess (0) Refuses, Capable (0)

6. Has awareness and empathy of others needs (Describe a scenario that should create empathy and awareness of another human being’s situation - e.g.; a friend, family member or staff person’s dog was hit by a car - and ask the client to express their feelings about it and toward the individual. Observe the client’s basic conversation skills to try to determine level of understanding and empathy with others) - Note whether or not you have to coach or cue the client.
 - Dependent (5) With Assistance (4) Step by Step Prompts/Coaching (3)
 - Independent (1) Able to perform new tasks with Prompts/Coaching (2)
 - Unable to assess (0) Refuses, Capable (0)

7. Maintains personal space and boundaries with others (observe the client’s basic conversation skills to try to determine a level of ability, e.g.; does he/she sit or stand too close, do they speak too loudly or softly, note how they respond if you ask them to move back, speak up or down) - Note whether or not you have to coach or cue the client.
 - Dependent (5) With Assistance (4) Step by Step Prompts/Coaching (3)
 - Independent (1) Able to perform new tasks with Prompts/Coaching (2)
 - Unable to assess (0) Refuses, Capable (0)

Skills Assessment

4. Able to engage and complete tasks (as you are performing the above exercise with the client, observe them closely to try to determine level of ability they have to engage in the process and to complete the steps of the exercise - Note whether or not they perform all the steps or you have to coach or cue the client to perform each of the steps of the exercise- Note whether or not you have to coach or cue the client.

- Dependent (5) With Assistance (4) Step by Step Prompts/Coaching (3)
 Independent (1) Able to perform new tasks with Prompts/Coaching (2)
 Unable to assess (0) Refuses, Capable (0)

5. Able to remember instructions (after you have performed the above exercise with the client, ask them to verbally repeat back to you the 5 steps of the exercise. Observe and listen to them closely to try to determine level of ability they have to remember instructions - Note whether or not you have to coach or cue the client to remember the steps of the exercise.

- Dependent (5) With Assistance (4) Step by Step Prompts/Coaching (3)
 Independent (1) Able to perform new tasks with Prompts/Coaching (2)
 Unable to assess (0) Refuses, Capable (0)

6. Comments: _____

Total of Scores: _____ ÷ 5 = Score Average: _____

Skill Assessed	Primary Focus in Recovery Plan?		AVERAGED SCORES	AREAS OF CONCERN (Reference Specific Assessed Skills)
	YES	NO		
1. Personal Care	<input type="checkbox"/>	<input type="checkbox"/>		
2. Independent Living Skills	<input type="checkbox"/>	<input type="checkbox"/>		
3. Safety	<input type="checkbox"/>	<input type="checkbox"/>		
4. Money Management	<input type="checkbox"/>	<input type="checkbox"/>		
5. Transportation	<input type="checkbox"/>	<input type="checkbox"/>		
6. Interpersonal Communication	<input type="checkbox"/>	<input type="checkbox"/>		
7. Health Awareness	<input type="checkbox"/>	<input type="checkbox"/>		
8. Coping Skills	<input type="checkbox"/>	<input type="checkbox"/>		
9. Stress Management	<input type="checkbox"/>	<input type="checkbox"/>		
10. Impulse Control	<input type="checkbox"/>	<input type="checkbox"/>		
11. Cognitive Functioning	<input type="checkbox"/>	<input type="checkbox"/>		

Date of Assessment _____ Location: NF Community

Clinician Name _____ Signature _____